

## CANADIAN PONY CLUB 2020 MEMBERSHIP APPLICATION FORM

Page 1 of 3 (ALL pages must be completed)

FOR JAN 1 - DEC 31, 2020 (Sept. 1/19 to Dec. 31/20 for new members joining after Sept. 1/19) WARNING: This document could affect your legal rights and liabilities. Please read this document carefully. Revisions of any kind to the wording of this document are not permitted.

It is the responsibility of the applicant to be able to provide <u>PROOF</u> of a valid membership in the **Provincial / Territory Equine Sport Organization (PTSO)** of the province of residence AT ALL TIMES while a member of the Canadian Pony Club. If at any time, the applicant cannot provide proof of a valid and current PTSO membership, their membership in the Canadian Pony Club shall be not in good standing. The member shall have all Pony Club membership privileges suspended and shall not be permitted to attend any Pony Club activities.

If you were not a member of your PTSO at any time before Sept 1, 2019, will be under 18 years old prior to Jan 1, 2020, and are joining the CPC before Dec 31, 2019, most of the PTSO's have offered a special extended membership covering from the date of application until Dec 31, 2020. Ask your Club Administrator for more information on this extended membership.

#### Please print or type all information

Member Information:	<b>NOTE</b> : Legal Guardians must provide necessary documentation.			
Branch/Centre:	Region:			
Last Name:	Given Name:			
Gender: $\mathbb{C}$ Male $\mathbb{C}$ Female $\mathbb{C}$ Other	Date of Birth: MINIMUM 6 YEARS OLD WHEN APPLYING			
To avoid confusion, please enter in the form 2018/Nov/22. Don't use numbers for	both the day and month (YYYY MM DD)			
Address:	City: Province:			
Postal Code: Phone Numb	er:			
Member E-mail:				
Guardian Information:	(If Address different from member, please fill out the address information below)			
Last Name:	Given Name: Relation:			
E-mail:	Phone Number:			
Address: City:	Province: Postal Code:			
Last Name:	Given Name: Relation:			
E-mail:	Phone Number:			
Address: City:	Province: Postal Code:			
Testing Information:	<b>NOTE</b> : New Members leave this section blank.			
Highest Full PC Level <u>ACHIEVED</u> : (D1, C2, ET	C) DATE: <u>\</u>			
Any Partial Levels Achieved? (e.g.: C2sm, B-FR, B2-SJ)				
If you are transferring from a Branch or Centre, what is its name?				
Do you have a current <b>Equestrian Canada</b> Sport License? C Yes C No EC Number:				
PTSO Membership Number: How did you hear about Pony Club (New Members)?				

Member names and/or photos, but no other personal information, may be used from time to time to publicize the Pony Club, and in the reporting of activity results in various media. A minimum of additional information may be disclosed to the Provincial Sport Organizations solely for the purpose of confirming if our member is or is not a member of that PTSO. For full details of our privacy policy, visit our web site at <a href="http://www.canadianponyclub.org">www.canadianponyclub.org</a> CPC will also send out newsletters and communications from time to time directly to our members.

Member's Signature	Date	Signature of 🕐 Parent 🔘 Guardian	Date

This page must be signed. Unsigned forms must be returned to the parent.



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I acknowledge that the sport of horses is a high-risk sport and that I am participating at my own risk and in full knowledge of the hazards and potential hazards inherent in this sport. I further acknowledge the inherent risks in riding and working around horses, which risks include bodily injury to both horse and rider which can result from normal use, competition or schooling.

In consideration of being allowed to participate, I hereby assume all risk, and I hereby release and absolve the Canadian Pony Club Inc. et al, and its affiliated Provincial Club officials, volunteers, Officers, Directors, agents, representatives and employees, and the owners and occupiers of the land upon which the competition/activity is held, from all responsibility, liability or claims of any nature and kind which I may have arising from my participation, including but not limited to bodily injury or death to myself or my horse(s) and damage to property arising from any cause whatever.

I hereby declare that we have reviewed the foregoing Acceptance of Risk paragraphs sufficiently to understand the risks involved in Canadian Pony Club Inc. membership and in Regional and National events and activities. I hereby declare that in signing this document I agree to the conditions stated herein and that it is binding upon my executors, heirs and assigns.

	If a member is under 18 years of age at the date this form is signed, the Parent/Guardian of the member must sign. If a member is 18 years of age or older at the date of the signing of this Form, the Parent/Guardian is no longer required to accept legal responsibility for the member and need not sign.		
Signature of Member	I acknowledge, as Parent/Guardian of understand and agree to the terms and conditions stat and myself.		
<u>\</u> Date	Signature of: C Parent C Guardian		
	Date		
Print name	Print name		
D.C. USE ONLY			
•	parents have reviewed this document and have had an ot satisfied that they had a good understanding of the ri		
This applicant has <u>provided a copy</u> of a PTSO membership card which expires on:	Branch / Centre Name	This applicant has submitted a PTSO membership application and fees through this Club sufficient to cover the period from now until December 31, 2020.	
(copy attached)		C Yes C No	
Signature of D.C. / RC Administrator	Date: <u>\ \</u> YYYY MM [	DD (this is the official date of this application)	

If it is not a parent who is signing, the DC must see the document giving the person the authority to sign on behalf of the member. If this is a renewal membership, the registration is <u>due at the National Office NO LATER THAN DEC 31, 2019</u>

All members must complete this form immediately upon joining *Canadian Pony Club Inc. (CPC Inc.)* and upon each renewal of membership. <u>Members who do not submit properly completed Membership Application Forms will not be permitted to take part in any CPC Inc. activities</u> <u>unless or until the Membership Application Form is executed and submitted to the Region.</u> Members may have reasonable opportunity to seek independent legal advice in advance of executing this Form if desired. If any material information changes during the course of the membership, the member is obligated to advise CPC Inc. in writing of the revised information.

Completed forms will be kept on file by the Region and used to confirm that all members and their parents/guardians are aware that there are significant risks involved in working with and around horse and that all regional and national event applicants are aware of the risks involved in competition.

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### CPC GUIDE ON CONCUSSION IN OUR SPORT (added SAM 2012)

CPC Risk Management Committee has reviewed the "Consensus Statement on Concussion in Sport 3<sup>rd</sup> International Conference on Concussion in Sport Held in Zurich, Nov 2008."

After this review our recommendations to Organizers, Coaches and Parents are as follows:

- 1. If a rider has any blow to the head, face, neck or other part of the body that causes an impulsive force to the head, they should be screened for acute symptoms of concussion.
- Symptoms to screen for include: loss of consciousness, seizure, amnesia, headache, pressure in head, neck pain, nausea or vomiting, dizziness, blurred vision, balance problems, sensitivity to light or noise, feeling slowed down or in a fog, "Don't feel right", difficulty concentrating or remembering, fatigue, confusion, drowsiness, emotional or irritable, sadness or anxiousness.
- 3. Any athlete with a suspected concussion should be immediately removed from riding, should not be left alone or allowed to drive, and should be referred for medical assessment.
- 4. Same day return to riding should only be allowed with medical clearance that there was not a concussion.
- 5. When a concussion is diagnosed CPC recommends that parents and coaches follow the Graduated Return to Riding Protocol (table 1) allowing at least 24 hours for each stage. This is adapted from the Consensus Return to Play Protocol and time frames may be extended for children under 10 where recovery can be more complicated.

## TABLE 1. Graduated Return to Riding Protocol

### THIS CHILD'S BRAIN IS MORE IMPORTANT THAN THIS COMPETITION, TEST, OR LESSON.

Functional Exercise at Each Stage of Rehabilitation	Objective of Each Stage
Complete physical and cognitive rest	Recovery
Walking, swimming or stationary cycling keeping intensity <70% MPHR; no resistance training	Increase HR
Light flat riding, walk/trot in controlled setting	Add movement
Progression to more complex riding on flat	Exercise, coordination, and cognitive load
Following medical clearance, participate in normal training activities (lessons and jumping)	Restore confidence and assess functional skills by coaching staff
	Complete physical and cognitive rest Walking, swimming or stationary cycling keeping intensity <70% MPHR; no resistance training Light flat riding, walk/trot in controlled setting Progression to more complex riding on flat Following medical clearance, participate in normal

6. Return to play Normal competitive riding

This guide is to intend to support the existing rules regarding falls and shall not be used to overrule the decision of an official, examiner, instructor or safety officer to not allow a participant to continue.

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<u>\_\_\_\_\_</u>, have read and understood the CPC Concussion Guide.

Print Parent's Name

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_