## WOR Regional LeTrec

Equipment List

**Required clothing**: Approved helmet; Boots with a heel; Medical armband recommended.

**Recommended clothing**: Shirts, jackets and pants are to be safe; Boots with a tread and chaps or half-chaps are recommended for comfort; Protective body equipment is allowed;

Appropriate clothing for the weather conditions; Fluorescent or high-visibility clothing for safety.

**Approved Tack**: Any English or Western well-fitting saddle with girth, and stirrups with appropriate pads; Bareback pads with stirrups; Any English or Western bit which is appropriate to the horse; Humane bitless bridles (hackamore/bosal/vosel etc); Non-fixed martingales; Halter and lead, particularly if horse is wearing a running martingale.

Forbidden Tack: Fixed reins or martingales; Ill-fitting or inhumane tack

**Approved Equipment**: Spurs which are blunt/rounded, do not exceed 3.5 cm in length and point down; Whips, which do not exceed 75 cm in length; Martingales that are not fixed.

**Required Equipment** (Phase A Only): Compass, Pens for map marking, two bright colours; Flashlight for reading in the dark; Basic First Aid pack for horse and rider i.e. bandage, antiseptic wash, sterile dressing pads, wound powder; Whistle for emergency use;

Saddlebags or suitable alternative; Food and water for rider;

**Recommended Equipment**: Horses may be shod or unshod; If shod, a replacement horse boot (Phase A only); Digital watch or stopwatch; Map case (large Ziploc bag to protect map);

**For emergency use**, a cellular phone. Phones may be carried, with the power kept off except in case of emergency in order to avoid startling a horse. Organizers MUST be informed by the competitor that they are carrying a mobile phone; phones will be bagged and sealed to prevent unauthorized use while out on the trail.

Forbidden Equipment: GPS equipment