



**CANADIAN PONY CLUB
BCLM REGION
VANCOUVER PONY CLUB RIDING LESSON LOG
C LEVEL**



Loyalty Character Sportsmanship

NAME _____ LEVEL (current): _____ (working towards): _____

DATE:	DESCRIPTION OF ACTIVITY	Instructor
	Warm up exercises at walk and trot. Review transitions, circles (accuracy), serpentines. Practice diagonals. Develop forward movement through transitions, circles. Circles, serpentines (sitting trot, without stirrups).	
	Warm up exercises at walk without stirrups, at trot with stirrups. Work on deepening seat-sitting trot without stirrups. Transitions-use of half-halts for balance, accuracy. Work on loose rein at walk and trot.	
	Warm up. Transitions: demonstration & explanation of half-halts; walk-canter. Circles, serpentines at sitting trot without stirrups Canter on named leg on circle. Transitions: halt-trot, walk-canter. Use of half seat.	
	X-rails and small jumps-trot and canter approach. Learn spacing, heights for trotting, cantering small grids	
	Gymnastic jumping grid work 2'3", riding lines, position and planning, pace.	
	.Jump lesson to 2'9" with verticals, spreads and combinations	
	Practice flat ride	
	Warm up and jump stadium course max 2'9" 6 to 8 jumps with verticals, spreads and combinations. (Simulate actual test)	
	Cross country school 2'6" max. Track work pacing 350-400 m/m.	
	Review lesson	

PHOTOCOPIES TO BE PROVIDED TO BRANCH DC:

JAN 30TH

DC signature

Date

One month prior to written test

DC signature

Date

****ORIGINAL DOCUMENTS TO BE RETAINED BY CPC MEMBER****