



**CANADIAN PONY CLUB  
BCLM REGION  
VANCOUVER PONY CLUB RIDING LESSON LOG  
C2 LEVEL**



Loyalty Character Sportsmanship

NAME \_\_\_\_\_ LEVEL (current): \_\_\_\_\_ (working towards): \_\_\_\_\_

DATE:	DESCRIPTION OF ACTIVITY	Instructor
	Warm up exercises without stirrups at walk, trot and canter. Review transitions (aids and how to improve). Develop stronger trot through transitions, circles, use of legs. Develop free forward movement. Independent seat/aids.	
	Warm up without stirrups. Independent warm up of horse. Half-turn-on-forehand. Review leg yield from quarter line to track (walk, trot). Loose rein, maintaining rhythm and impulsion. Use of transitions to activate hindquarters. Accuracy of transitions-balance at marker.	
	Warm up. Work on leg yielding in trot. Circles, all paces, 15m, and 10 m, circles in walk; 15m, circles, trot. 20 m half-circles at trot. Canter-working and lengthening. Canter strike-off on centre line. Serpentine at canter with simple change of leg. Position and balance at all paces, with and without stirrups.	
	Flat ride from test. Discussion of warm up and effectiveness of warm up. Critique.	
	Grid work; position, rhythm and control. Max 2'9"	
	Stadium jumps max 3'3".	
	Flat ride from test. Discussion of warm up and effectiveness of warm up. Critique.	
	Warm up. Stadium course with verticals, spreads, combinations, turns, ride a bending line max 3'3". Grids (Simulate actual test)	
	Cross country 350-400 pace. Pre-training fences, including ditches 3' max height and spread. How to walk cross country course. Position, control, use of aids.	
	Review lesson	

PHOTOCOPIES TO BE PROVIDED TO BRANCH DC:

JAN 30<sup>TH</sup>

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DC signature

\_\_\_\_\_  
Date

One month prior to written test

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DC signature

\_\_\_\_\_  
Date

\*\*\*\*ORIGINAL DOCUMENTS TO BE RETAINED BY CPC MEMBER\*\*\*\*