



**CANADIAN PONY CLUB
BCLM REGION
VANCOUVER PONY CLUB RIDING LESSON LOG
D1 LEVEL**



Loyalty Character Sportsmanship

NAME _____ LEVEL (current): _____ (working towards): _____

DATE:	DESCRIPTION OF ACTIVITY	Instructor
	Turn out: (appropriate and safe). How to check tack, especially girth and length of stirrups before mounting. With feet in stirrups how to adjust girth while mounted at halt. Basic position and aids review. Walk and trot rising, shorten reins. Canter to rear of ride. Change rein by half circle and across diagonal	
	Warm up exercises at halt-including 2 point. Check position: 2 straight lines (bit, reins, hands, elbows/ ears, shoulder, hip, back of heel) . Riding 20 m circles review aids at walk. 20 m circles at trot rising -review diagonals. Canter transitions in corner, or on circle, review aids. Ride without stirrups at walk.	
	Warm up exercises and basic position check at halt and walk. Work without stirrups at walk, circles and straight lines. Walk down center line to change rein. Ride down center line and alternate direction (walk and trot)	
	Warm up exercises. Serpentine at walk from wall to wall. Circles at trot, practicing diagonals. Practice canter, explaining leads. Maintain two point position at walk and trot.	
	Warm up exercises at halt and walk: some without stirrups. Serpentine at trot. Circles at trot and canter: review aids. Change reins (across diagonal, on center line, half circle & reverse)	
	Warm up exercises. Canter-trot transition practice. Circles at all paces-emphasize transitions. Serpentine at walk and trot. Practice center lines.	
	Warm up exercises-some without stirrups. Maintain two point position at walk and trot. Ground poles: at walk in two point and at rising trot. Ground poles at trot rising and in two point. Add X-rail.	
	Warm up exercises-some without stirrups. Ground poles at trot rising and two point. Trotting poles: rising, even pace, balance. Trotting poles to X rail-canter away + transitions to halt through trot and walk on straight line.	
	Warm up exercises. Ground poles to X rail. Add second X rail, one none jumping stride beyond. Trot and canter over cross poles and 18" X rails. Small jump max 24" high.	
	Review lesson	

PHOTOCOPIES TO BE PROVIDED TO BRANCH DC:

JAN 30TH

One month prior to written test

DC signature

Date

DC signature

Date

****ORIGINAL DOCUMENTS TO BE RETAINED BY CPC MEMBER****