



**1 CANADIAN PONY CLUB  
BCLM REGION  
VANCOUVER PONY CLUB RIDING LESSON LOG  
D2 LEVEL**



Loyalty

Character

Sportsmanship

NAME \_\_\_\_\_ LEVEL (current): \_\_\_\_\_ (working towards): \_\_\_\_\_

DATE:	DESCRIPTION OF ACTIVITY	Instructor
	Correct position at all paces-review. Adjust girth, stirrups while mounted. <b>Aids for turning</b> , upward and downward transition-review. Warm up exercises at halt and walk. Walk and trot circles. Canter on named leg-aids for canter lead.	
	Warm up exercises-some without stirrups at walk. Serpentine at walk and trot: even round loops. Review diagonals at trot rising. How to change posting diagonals (circles, changes of rein). Simple transitions-uses of balancing aids. Explanation and demonstration of half-halt.	
	Warm up exercises at walk, without stirrups. Trot without stirrups-circles, straight lines. Serpentine switch diagonals. Practice correct diagonals at trot. Transitions: upwards and downwards and halt to trot.	
	Warm up without stirrups. Work on long (or loose) rein at walk, alternating with work on light contact-stress active forward movement. Serpentine. Canter across diagonal and change rein with transition to trot. Canter circles, transitions. Ride down centre line.	
	Practice D2 flat test.	
	Trotting poles at trot rising and two point. X-rails and low jumps-work on two point position.	
	X-rails and small jumps, trot and canter approach. Gymnastic jumping and riding lines, broken lines.	
	Warm up and 9 jumps at 2'6" max stadium course with one ascending oxer and one change of direction. (Simulate actual test)	
	Cross country lesson: warm up exercises. Stadium jumps and track work Practice pacing (220 m/m). School 2'3" max x-country jumps and logs. Stress looking up, riding from one jump to next.	
	Review lesson	

PHOTOCOPIES TO BE PROVIDED TO BRANCH DC:

JAN 30<sup>TH</sup>

One month prior to written test

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DC signature

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Date

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DC signature

\_\_\_\_\_  
Date

\*\*\*\*ORIGINAL DOCUMENTS TO BE RETAINED BY CPC MEMBER\*\*\*\*